

# PHYSICAL EXAMINATION

Must be completed within twelve months of enrollment or you may attach a signed copy of your most recent physical examination.

Student Name \_\_\_\_\_

Date of Exam \_\_\_\_\_

Height \_\_\_\_\_ Weight \_\_\_\_\_ BP \_\_\_\_\_ Pulse \_\_\_\_\_

Hearing: Right \_\_\_\_\_ Left \_\_\_\_\_

Vision: Without correction: Right 20/\_\_\_\_\_ Left 20/\_\_\_\_\_

With correction: Right 20/\_\_\_\_\_ Left 20/\_\_\_\_\_

SYSTEM	NORMAL	DESCRIBE ABNORMALITY
Skin		
HEENT		
Respiratory		
Breast Cardiovascular		
Gastrointestinal		
Genitourinary Pelvic (if indicated)		
Lymphatic		
Musculoskeletal		
Neurological		
Endocrine		
Psychological		

Lab Work (if indicated): Hgb/Hct: \_\_\_\_\_ Cholesterol: \_\_\_\_\_ Urine: Glucose: \_\_\_\_\_ Protein: \_\_\_\_\_ Micro: \_\_\_\_\_

**CURRENT MAJOR & CHRONIC PROBLEMS**

**ACUTE & MINOR PROBLEMS**

\_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

\_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

*If the student is under care for a chronic condition or serious illness please provide additional clinical reports to assist us in providing continuity of care.*

Additional comments and recommendations: \_\_\_\_\_  
 \_\_\_\_\_

Please list any special **DIETARY REQUIREMENTS**: \_\_\_\_\_

Please list all **ALLERGIES** (including medications, insect venom, foods, etc): \_\_\_\_\_

Type of reaction \_\_\_\_\_

Please list all **MEDICATIONS** currently being taken (include OTC's, contraceptives): \_\_\_\_\_  
 \_\_\_\_\_

Recommendations for physical activity: unlimited limited (specify) \_\_\_\_\_

Medical Provider (please print) \_\_\_\_\_

Address \_\_\_\_\_

Phone ( \_\_\_\_ ) \_\_\_\_\_ Fax ( \_\_\_\_ ) \_\_\_\_\_

Provider's Signature \_\_\_\_\_

**Mail completed form to:**  
 UMASS Lowell  
 Wellness Center  
 Health Services  
 220 Pawtucket Street, Suite 300  
 Lowell, MA 01854-5144  
 Telephone: (978) 934-6800