

Trigonometric Integrals

Part 2: Powers of Sine and Cosine

Integrating Power of Sine and Cosine

If m, n are non-negative integers, then

$$\int \sin^m x \cos^n x dx$$

can be evaluated by one of the following three procedures:

Integrating Power of Sine and Cosine

$$\int \sin^m x \cos^n x dx$$

Case	Procedure	Relevant Identities
n odd	Substitute $u = \sin x$	$\cos^2 x = 1 - \sin^2 x$
m odd	Substitute $u = \cos x$	$\sin^2 x = 1 - \cos^2 x$
n & m even	Use identities to reduce powers of sine and cosine	$\sin^2 x = \frac{1 - \cos 2x}{2}$ $\cos^2 x = \frac{1 + \cos 2x}{2}$

Example 1

Evaluate

$$\int \sin^4 x \cos^5 x dx$$

Solution:

Since the power of cosine is odd, we will “peel” off one power of cosine and re-write the even powers in terms of sine by using $\cos^2 x = 1 - \sin^2 x$.

Example 1 (continued)

$$\int \sin^4 x \cos^5 x dx = \int \sin^4 x \cos^4 x \cos x dx$$

$$= \int \sin^4 x (\cos^2 x)^2 \cos x dx$$

$$= \int \sin^4 x (1 - \sin^2 x)^2 \cos x dx$$

$$\begin{aligned} u &= \sin x \\ du &= \cos x dx \end{aligned}$$

Example 1 (continued)

$$\int \sin^4 x (1 - \sin^2 x)^2 \cos x \, dx = \int u^4 (1 - u^2)^2 \, du$$

$$= \int u^4 (1 - 2u^2 + u^4) \, du$$

$$= \int (u^4 - 2u^6 + u^8) \, du$$

$$= \frac{1}{5} u^5 - 2 \cdot \frac{1}{7} u^7 + \frac{1}{9} u^9 + C$$

$$= \frac{1}{5} \sin^5 x - \frac{2}{7} \sin^7 x + \frac{1}{9} \sin^9 x + C$$

Example 2

Evaluate

$$\int \sin^3 x \cos^2 x dx$$

Solution:

Since the power of sine is odd, we will “peel” off one power of sine and re-write the even powers in terms of cosine by using $\sin^2 x = 1 - \cos^2 x$.

Example 2 (continued)

$$\begin{aligned}\int \sin^3 x \cos^2 x \, dx &= \int \sin^2 x \cos^2 x \sin x \, dx \\ &= \int (1 - \cos^2 x) \cos^2 x \sin x \, dx\end{aligned}$$

$$\begin{aligned}u &= \cos x \\ du &= -\sin x \, dx \Rightarrow -du = \sin x \, dx\end{aligned}$$

Example 2 (continued)

$$\begin{aligned}\int (1 - \cos^2 x) \cos^2 x \sin x \, dx &= \int (1 - u^2)u^2 (-du) \\ &= -\int (u^2 - u^4) \, du \\ &= -\left(\frac{1}{3}u^3 - \frac{1}{5}u^5\right) + C \\ &= -\frac{1}{3}\cos^3 x + \frac{1}{5}\cos^5 x + C\end{aligned}$$

Example 3

Evaluate

$$\int \sin^4 x \cos^4 x dx$$

Solution:

Since the power of both cosine and sine is even, we will re-write the even powers by using

$$\sin^2 x = \frac{1 - \cos 2x}{2} \text{ and } \cos^2 x = \frac{1 + \cos 2x}{2}.$$

Example 3 (continued)

$$\begin{aligned}\int \sin^4 x \cos^4 x \, dx &= \int (\sin^2 x)^2 (\cos^2 x)^2 \, dx \\ &= \int \left(\frac{1 - \cos 2x}{2} \right)^2 \left(\frac{1 + \cos 2x}{2} \right)^2 \, dx \\ &= \int \left[\left(\frac{1 - \cos 2x}{2} \right) \left(\frac{1 + \cos 2x}{2} \right) \right]^2 \, dx \\ &= \int \left(\frac{1 - \cos^2 2x}{4} \right)^2 \, dx \\ &= \int \left(\frac{\sin^2 2x}{4} \right)^2 \, dx\end{aligned}$$

Example 3 (continued)

$$\int \left(\frac{\sin^2 2x}{4} \right)^2 dx = \int \frac{\sin^4 2x}{16} dx$$

$$\begin{aligned} u &= 2x \\ du &= 2dx \Rightarrow \frac{1}{2} du = dx \end{aligned}$$

$$= \int \frac{\sin^4 u}{16} \left(\frac{1}{2} du \right)$$

$$= \frac{1}{32} \int \sin^4 u du$$

Example 3 (continued)

We saw in Example 2 of the previous video that

$$\int \sin^4 x \, dx = \frac{3}{8}x - \frac{1}{4}\sin 2x + \frac{1}{32}\sin 4x + C$$

Therefore,

$$\begin{aligned} \frac{1}{32} \int \sin^4 u \, du &= \frac{1}{32} \left(\frac{3}{8}u - \frac{1}{4}\sin 2u + \frac{1}{32}\sin 4u \right) + C \\ &= \frac{1}{32} \left(\frac{3}{8} \cdot 2x - \frac{1}{4}\sin(2 \cdot 2x) + \frac{1}{32}\sin(4 \cdot 2x) \right) + C \end{aligned}$$

Example 3 (continued)

$$\frac{1}{32} \left(\frac{3}{8} \cdot 2x - \frac{1}{4} \sin(2 \cdot 2x) + \frac{1}{32} \sin(4 \cdot 2x) \right) + C$$

$$= \frac{1}{32} \left(\frac{3}{4} x - \frac{1}{4} \sin 4x + \frac{1}{32} \sin 8x \right) + C$$

$$= \frac{3}{128} x - \frac{1}{128} \sin 4x + \frac{1}{1024} \sin 8x + C$$

$$\int \sin mx \cos nx \, dx \quad \int \sin mx \sin nx \, dx \quad \int \cos mx \cos nx \, dx$$

To compute integrals of the above forms, use:

$$\sin \alpha \cos \beta = \frac{1}{2} (\sin(\alpha - \beta) + \sin(\alpha + \beta))$$

$$\sin \alpha \sin \beta = \frac{1}{2} (\cos(\alpha - \beta) - \cos(\alpha + \beta))$$

$$\cos \alpha \cos \beta = \frac{1}{2} (\cos(\alpha - \beta) + \cos(\alpha + \beta))$$

Example 4

Evaluate

$$\int \sin 7x \cos 3x \, dx$$

Solution:

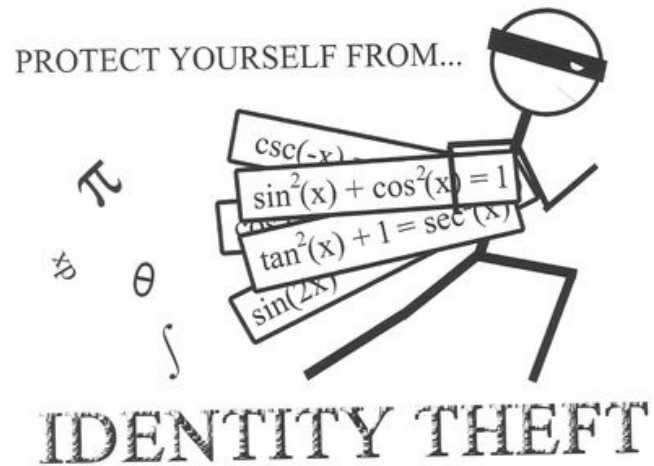
$$\begin{aligned} \sin 7x \cos 3x &= \frac{1}{2} (\sin(7x - 3x) + \sin(7x + 3x)) \\ &= \frac{1}{2} (\sin 4x + \sin 10x) \end{aligned}$$

Example 4 (continued)

$$\int \sin 7x \cos 3x \, dx = \int \frac{1}{2} (\sin 4x + \sin 10x) \, dx$$

$$= \frac{1}{2} \left(-\frac{1}{4} \cos 4x - \frac{1}{10} \cos 10x \right) + C$$

$$= -\frac{1}{8} \cos 4x - \frac{1}{20} \cos 10x + C$$



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<http://www.calculushumor.com/3/post/2013/05/identity-theft.html>